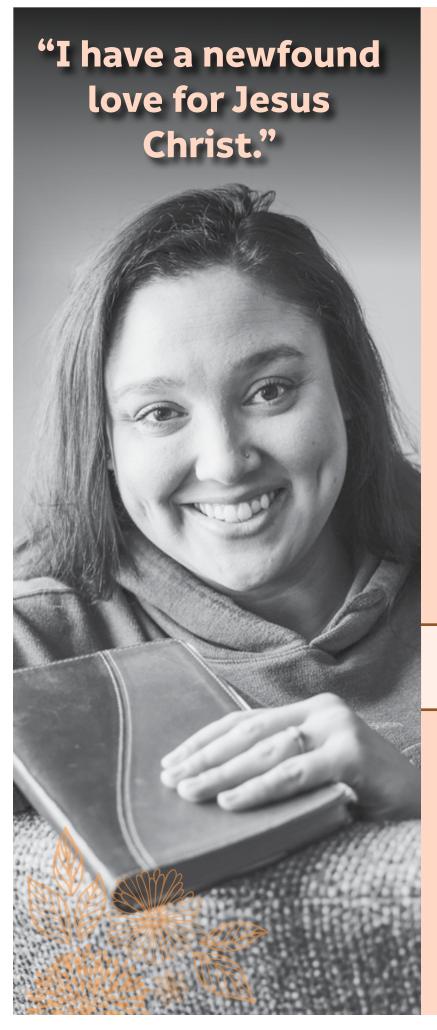
A NEWSLETTER OF WHEELER MISSION | EASTER 2023





A shley was raised in a Christian home, but she'd never seen herself as a beautiful creation of God. "I'd always been repulsed by both my outward appearance and my inner self, and I didn't think others approved of me either."

Eventually, she began numbing her pain with alcohol, never dreaming it would take over her life. "Drinking felt good at first, but my life slowly spiraled out of control," she says.

For more than a decade, Ashley struggled with an addiction, and along the way she started a family with a man also trapped in addiction. Her boyfriend entered our Hebron Men's Recovery Program, but Ashley continued to spiral down. "I got into a really dark place. I was suicidal and nearly died, but by God's grace, I was spared."

God's intervention was the catalyst that led Ashley to our Higher Ground Program, where her relationship with the Lord has grown strong. "I have a newfound love for Jesus Christ and gratitude for His grace in my life," she says. "I know that I'm forgiven and I'm learning to forgive myself."

Our counselors and faith-based classes have helped Ashley address the root causes of her addiction, as well. "I dug deep, trauma came to the surface, and I healed as we worked through it," she says. "Now, I'm starting to love myself."

"God is healing and restoring my life."

Ashley and her boyfriend plan to be married, raise their two young children in the love of the Lord, and volunteer in our recovery programs, helping others find the healing and hope they've found. "I'm going to stay deeply rooted at Wheeler Mission," Ashley says. "It's really important to me to serve others just like Christ did."

With Jesus' love in her heart and hope for the future, Ashley is grateful for your support this Easter. "I was broken, lost, and hopeless, but since coming to Wheeler Mission, my faith has been restored. Now, I have hope, joy, and peace of mind."

A Message from our new President & CEO: Perry Hines



MEET Pervy Hines

Wheeler Family:

It's an honor and a privilege to be given the opportunity to serve as Wheeler MIssion's next

President & CEO. I accept this new position with a joyful heart.

For over 33 years, Rick and Julie Alvis have made an incredible impact in the Indianapolis community. Though Rick left big shoes to fill, God has been preparing, molding, and shaping me (and even refining me by fire) to tackle this enormously important work in our community.

I've called Indiana my home for many years—this is where my wife, Lisa, and I raised our two sons and have attended and passionately served at Northview Church for more than 25 years. My faith, family, and friends (in that order) are very important to me and core to my existence.

Jeremiah 29:11, "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future," has served as a pillar in my life. That verse has always guided and shaped my life experiences—from growing up in a rural coal-mining town in western Kentucky with a population of 900 people, to opening the door to this next chapter in my life. As a first-generation college graduate, I know the transformational power of the Holy Spirit and I'm thrilled that Wheeler exists to serve the most vulnerable men, women, and children in our society and helps them to rebuild healthier, more stable lives.

During this transition process, I humbly ask for your prayers and support. I am eager to see what the Lord has in store for our ministry and thankful for your faithful friendship as we continue this journey together. Thank you, and God bless you!

Perry Hines President & CEO

HELP OUR HURTING NEIGHBORS THIS EASTER



Help make a new beginning possible for <u>more</u> men and women this Easter!

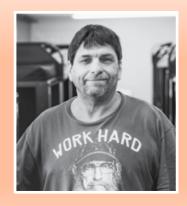
- ♥ A hot meal for \$2.73—often the first step to a new life in Christ
- An overnight stay in our safe shelter
- Christ-centered care and healing in our life-change programs
- Give now using the enclosed reply card and envelope.
- Give online anytime at WheelerMission.org.

Easter ANNUAL CAMPAIGN

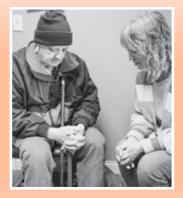
Life transformation starts with YOU!



52,910 meals \$2.73 for a meal!



36,473 nights of shelter



130 men and women in our addiction recovery programs



Thousands of sessions of case management and biblical counseling

Thank you for blessing those in need this Easter!



Our world is loud. Quiet and rest don't just happen; we have to make space for them. Here are four ways to create more room for peace in your life:

- **1. Set limits.** Overbooked schedules edge out time for rest. Create rules and structure around the time you spend looking at screens, fulfilling commitments, and even working.
- **2. Declutter.** Excess stuff in your space brings excess clutter to your mind. Organize and simplify your home to enjoy greater rest.
- **3. Practice the Sabbath.** The Jewish tradition of Sabbath means to denote a particular expanse of time as set apart for rest. Worship, contemplation, prayer, and simply taking a nice, long exhale can all help us pause and reconnect with God and ourselves.
- **4. Plan for the future.** Have you created an estate plan? Roughly 70% of Americans do not have an up-to-date will; many avoid the process because they feel overwhelmed or assume they have many years still to prepare. The process of creating or updating a will can be surprisingly simple, and it creates immeasurable peace of mind.

For the full version of this article, request a FREE copy of "6 Ways to Experience More Peace Today" by contacting Steve Germani at **\(Congruples** (574) 358-1270 or **\(Congruples** SteveGermani@WheelerMission.org—or bless your family today with an up-to-date will at **\(Congruples** christianwill.org/wheelermission.



Your greatest gift could be your time!

It's only with the care and help of an army of volunteers that Wheeler Mission is able to serve all those who come through our doors.

Do you have a heart to share your God-given gifts, time, and talents with those in need?

Then volunteering at Wheeler Mission may be for you!

Whether you sort donations, prepare and serve meals, work in the office, or help lead worship at our chapel services, you'll be bringing Christ's love to the lost and lonely, letting them know they're not forgotten, encouraging them on their journeys from despair to hope.

For volunteer opportunities and locations, please visit **WheelerVolunteer.org.**

"Just as Christ was raised from the dead through the glory of the Father, we too may live a new life." - Romans 6:4, NIV